



Speak Up, Epping! Newsletter

Volume 11, Issue 2

Epping, New Hampshire

March-April, 2018

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.com. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

Remember to Vote on March 13th

Remember to vote on **Tuesday, March 13th**. Polls are open 8:00 am to 7:00 pm in the Middle School Gym. Any resident of Epping who is 18 years of age and older can vote in an election as long as that resident is registered to vote. An Epping resident who has not yet registered can register at the polls on Election Day. All voters should bring an I.D. when they go to vote. Voters without an I.D. can still vote but it takes longer as they will have to fill out extra paperwork.

The following candidates have registered for Town and School offices:

TOWN CANDIDATES:

BUDGET COMMITTEE - 3 years

Vote for not more than 3

Jen Chapman

Marc Nickerson

BUDGET COMMITTEE - 1 year

Vote for not more than 1

Joe Perry

CEMETERY TRUSTEE - 3 years

Vote for not more than 1

CHECKLIST SUPERVISOR - 6 years

Vote for not more than 1

Pam Holmes

LIBRARY TRUSTEE - 3 years

Vote for not more than 2

Michelle Wheeler

John Clark (write-in)

MODERATOR – 2 years

Vote for not more than 1

Katherine Cooper

PLANNING BOARD - 3 years

Vote for not more than 2

Jaclyn Ulban

Heather Clark

Joseph Foley

BOARD OF SELECTMEN - 3 years

Vote for not more than 2

Robin O'Day

Cody Belanger

Adam Munguia

TRUST FUND TRUSTEE – 3 years

Vote for not more than 1

WATER & SEWER COMMISSION – 3 year

Vote for not more than 1

Roxanna Chomas

WATER & SEWER COMMISSION – 1 years

Vote for not more than 1

Robert Bean

ZONING BOARD OF ADJUSTMENT – 3 years

Vote for not more than 2

Donald Carl MacLaren

Kim A. Sullivan

SCHOOL CANDIDATES:

SCHOOL BOARD MEMBER – 3 years

Vote for not more than 1

Jaime Fenstermacher

Ben Leavitt

Message from the Friends of the Library

The Friends of the Harvey-Mitchell Memorial Library would like to encourage everyone to **vote YES on Warrant Article 6 for the Library Expansion.**

Why?

While the population of the town and the patronage and programs at the Library have grown, the size of the building has not changed since it opened over 50 years ago in 1964. The Library is a critically important part of the town, offering a wide variety of services for everyone from preschoolers to seniors. What a wonderful place to introduce your children to the wonders of literacy and the love of reading and seeking knowledge.

The Library provides:

- Books for all ages. FREE. Think nobody reads anymore? Check our statistics. If you can't find what you want, the Librarians can usually get it for you through Inter-library Loan. Thousands of digital books are also available through Overdrive.
- Use of computers, including printing, scanning, copying and FAXing. FREE.
- DVDs and CDs, which can be checked out. FREE.
- Many programs such as children's Story time, Saturday afternoon concerts, presentations on gardening and other topics, book discussion groups, exhibits of the work of local artists, and more. All FREE.
- Museum passes for admission at either no charge or greatly reduced rates to Boston's Museum of Fine Arts, Currier Art Museum, McAuliffe-Shepard Discovery Center, NH Children's Museum, Seacoast Science Center, and Strawberry Banke Museum. FREE.

- Meeting space for organizations. FREE. Limited availability at present.
- A safe place for children and teens to go after school.
- A place for parents to meet with their children who are in foster care. This must be done in a public place with a social worker present and the Library is an ideal location. But, there is no private area for them.

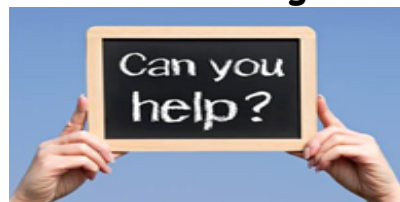
There simply is not enough room in the current Harvey-Mitchell Memorial Library building to accommodate all of the programs, meetings, and activities. We aren't trying to recreate the Taj Mahal. We just want a well-laid out, energy-efficient building that is large enough to meet the community's growing needs.

PLEASE help us by voting YES on Warrant Article 6 for the Library Expansion.

See you at the polls on Tuesday, March 13th. Polls are open 8 am to 7 pm. Thank you!

Submitted by Friends of the Library

End 68 Hours of Hunger - Epping



We are now five months through the school year and the Epping End 68 Hours of Hunger program has delivered 777 bags of food to the Epping schools. We are currently feeding 39 Epping students every weekend. With four months to go, that's 156 bags a month and 627 left for the school year for a value of \$6270 budget left for the school year.

It takes a village to run this program and we have a great group of packing, delivery, inventory, and shopping volunteers. Our Team Three packing teams which volunteer the third week of the month are in need of another packing/delivery volunteer. Packing is Tuesday night usually at 6:30 pm and delivery to the schools is Thursday morning. Please reach out via email if you can volunteer.

We are also in need of a fundraising team. This aspect of our program gets overlooked at times with the tasks of running the program on a weekly basis. With a yearly budget this year of \$12,000-

\$14,000 we need more fundraising. Please reach out to us if you can help our program in this area!!

Much gratitude towards our group of amazing volunteers!

Please reach out to us for more information at Eppingnh@end68hoursofhunger.org

Submitted by Karen Poplaski, Coordinator

Senior Moments

The E.W.A. Senior Citizen Club went into hibernation along with other animals during January and February. We did try to get to the new 110 Deli in Stratham but the icy sidewalks sent us right back home. A couple of members finally did get there on their own and reported that the restaurant was noisy and busy - but the food was excellent. The restaurant does have a private dining room for groups. Now that is the perfect incentive for our own noisy group. So, it's back on our "to-do" list.

Karen Poplaski from Bodywise Physical Therapy located here in Epping visited us in January. She wanted to thank us for our monthly contributions to 68 Hours of Hunger and added more names of food items to our donation list. Karen had an idea and stayed a little longer. She was able to zoom right into our collective health issues and her expertise. Unfortunately, Arthritis is not the favorite brother-in-law but the person we see in the mirror every day. Karen was able to explain and demonstrate exercises and relaxation techniques we should try. Nothing can cure that foe, but if these suggestions help we'll take her to lunch. She also invited us to stop into their facility for a free consultation. The sign-up on that list quickly grew.

Every February, our Town Administrator Greg Dodge comes to our meeting to go over the Warrant articles. He answered questions about our concerns and assured us that many of the funded articles will not come from property taxes. That got our attention. He brought a "show and tell" map that finally clarified the purpose of one of those articles. Unfortunately most of us seniors do not attend or view the Deliberative Session for various reasons. Now, thanks to Greg, we'll go to the polls in March as informed Epping Senior Citizen voters.

Another treat at our February meeting was a film of Ireland that member Mary Boyle shared with us. She was there on a recent visit and brought

back pictures and films of beautiful far away places - a perfect dream for us right in the middle of winter. Thanks Mary.

Someone came up with an excellent idea and we quickly ran with it. Instead of a Pound Party to raise money, we're going to hold an Auction at our April meeting. This means we can sell (or buy) new items that we - can't use, already have or just can't figure out. Knowing us Yankees, the discounted prices may entice us to take home items that we still can't use, still have or still can't figure out. Hmm.....maybe I should stay home....nah.

Everyone is anxious for the visit from Attorney Kathryn Williams in March. She has always brought important information that impacts senior citizens. The new and ever changing laws are vital to our independence. We're writing down our questions in preparation for her professional input. These new laws and how they apply to us are sometimes written in such a way that we need an interpreter. She tells it like it is and we listen.

Gotta add this. WANT FRESH BREAD? Ever notice the different colors of bread ties? There is a code and a reason. The color tie indicates the day the bread was delivered (write it down). Monday - Blue, Tuesday - Green, Thursday - Red, Friday - White, Saturday - Yellow. Bread is not delivered on Wednesdays. The purpose of these different colors is for the people who restock the shelves to remove the old bread and load with the new. Occasionally they miss some or the store puts them on sale. So, WANT FRESH BREAD? Remember your colors (P.S. The color list is alphabetical).

Submitted by Irene R. Cote, Secretary

News From the Town

There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.

March and April Town Dates

March 2nd – Town Reports at Town Hall and on the Town website

**March 10th – Holy Grail 5K EYAA fundraiser
9:00 am to noon**

March 13th – Town Voting Day!

April 1st – Transfer Station closed for Easter

Thank You From the Town Hall Employees

The Town Hall employees would like to thank everyone who supported the Veterans' "Mitten Tree." The tree was decorated with 39 hats, 16

scarves, 34 pairs of socks and 19 pairs of mittens/gloves. These will all be delivered to the Liberty House in Manchester that supports veterans. There is a list on their website if you would like to continue to drop off items that we will offer to deliver to the Liberty House. Thank you! Happy New Year!

In and Around Epping

The site next to Telly's received final approval from the state for a storage place, retail and car wash. They will be moving forward with construction soon. Kennebunk Savings Bank expects to begin construction in the fall on the old Cumberland Farms location. The Planning Board will be reviewing a small project on Route 27 for a business called Glass Pro.

Cell Phones for Our Troops

Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks. The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit www.peasegreeters.org.



Epping Lions Club

"We Serve"

We Want YOU to Join the Epping Lions Club

<https://www.facebook.com/EppingsLionsClub>
www.epping.nhlions.org

The Epping Lions Club was chartered in April 2009. We support sight programs and services including vision screenings, eyeglass recycling and provide assistance to local families in need of eyeglasses. We also support community programs and participate in some exciting events. Our December gas card raffle was a huge success and our Lions Club was able to purchase Marshall's gift cards for 15 local families. In addition, we do annual Vision testing at the Epping Schools.

Our next event will be the Lamprey River Canoe Race on **Saturday, April 28th**. This will be the 41st year of the canoe race, and we look forward to this fun annual event. Registration forms will be available online at our website and at the Town Hall. Prizes are awarded for the fastest times and costumes are encouraged. Come on out for a fun family day!

We are always looking for innovative people who desire to become involved in improving our community and having fun doing it. If you're interested in learning more, please visit our website www.epping.nhlions.org or our Facebook page at [facebook.com/EppingsLionsClub](https://www.facebook.com/EppingsLionsClub).

Meeting times are generally the 4th Tuesday of the month at 6:30 pm at the Harvey Mitchell Memorial Library in Epping. We'd love to see you!

Colleen Palmer, *President*

colleenmariepalmer@hotmail.com

Cheryl Denoncour, *Treasurer*

cdenoncour@gmail.com

Deb Brooks, *Eyeglass Collector*

lexusreina@comcast.net

Epping Historical Society

March is here, can SPRING be far behind? I don't think that "little rodent" in Pennsylvania is very believable this year. We coasted through February and the worst appears to be behind us.

With our new floor installed, the museum is so much brighter. As you know our building was built as an A&P store. The store had two windows in the front, but no other windows in the store. It was long and skinny for shelves, with space for a wood stove

and a counter for the cash register. Restrooms were not provided. The manager of the store had an apartment upstairs, complete with separate entrance and basement.

The volunteers are very busy every Monday, each working on a different project. It takes many hands to organize and archive documents. We are still working on Don Sanborn's collection. We just finished entering into the computer thousands of vital records that Don had collected over many years.

The Epping Historical Society is planning an open house for April. It is time we "show off" our collections to everyone. At the same time, if you have not been to the Society lately, look around at how we have changed. It is amazing what we have available for research; vital records, cemetery listings, school records, genealogies and lots of Town records. We are working on a program for the same evening – more to follow.

Keep this date open: **May 17th** we are having a repeat program of "Olde Epping" This is always a very popular program. Come and bring your questions, maybe about your home, or homes you are curious about. We love to have the audience participate in our presentation. We always learn something new! This program is always free and open to everyone, with light refreshments to follow.

The Perkins Hotel

This large Hotel was built in the mid 1800's. It was located in the center of the village, and was called the Pawtuckaway House for many years. The building was very impressive, built of brick with a covered piazza on two sides. The hotel also had a very busy tavern that was frequented by men from far and wide. Like many taverns of the day, they witnessed many fights and disagreements between men. The local police were frequent visitors in an official (and un-official) capacity many times. Right next to the hotel, there was a livery stable to accommodate the occupants of Pawtuckaway House. The hotel also provided a general meeting room for all kinds of activities. Remember, at this time Epping did not have a Town Hall that could provide rooms to hold special events. For smaller events, Bunker Hall was available. Bunker Hall was located where the Epping Historical Society is today.

Moses A. Perkins came to Epping from Exeter in 1870. He was a lumberman, but soon moved on to working as a Postal Clerk on the Portsmouth and

Concord Railroad. In his biography, he "experienced some "fearful" accidents in his work. He soon acquired the Prospect House (the former home of Alice and Ed Lavoie) and was the proprietor for many years. Unfortunately, there was a fire at the hotel, which put the hotel out of business. He soon purchased the Pawtuckaway House, located on the corner of Main and Water Streets, and renamed it the Perkins Hotel. This was a very successful venture. But the handwriting was on the wall; all of the States were going dry. The Volstead Act was passed and prohibition was to start in 1920. Without ardent spirits, the Hotel and Tavern were doomed. At this time Moses Perkins decided he would retire, so he closed the hotel. The hotel sat vacant for about a year.

In 1919, there was a terrible fire, starting in the Livery Stable next to the Hotel. The stable, the Perkins Hotel, Bunker's Hall, and a store were completely destroyed. Leddy's store was also damaged, but did not completely burn.

In 1921, the Sally Plumer Chapter of the D.A.R. purchased the lot for \$2,000.00, hoping to build a Town Library on the lot. First they had to have the rubble removed. It seems the remains of the fire were just left, what an eyesore! The building bricks, rubble, etc. were buried and forgotten.

Unfortunately, the D.A.R. never raised enough money to build a Library. So a Park was started and remains so today. In 1948, the American Legion installed a Memorial in the park to honor our veterans.

When the Sally Plumer Chapter of the D.A.R. disbanded, they gave the Park to the Town of Epping. Recently the Town of Epping, thanks to Jim McGeough, took on the project of improving the Park. A new walkway was installed, granite posts enclosing the Park, each paying tribute to all the wars we have endured. Epping never had a Village Green, but this Park is the next best thing.

Come visit us at the Society. We are open Monday morning, 8:00 to 12:00, or when the flag is flying! If this is not convenient for you, please call 679-2944 for an appointment or email me at: joysgarden@hotmail.com.

Submitted by Joy True, curator, Epping Historical Society

Nature Talks

Epping Conservation Commission 2017 – A Good Year

Epping now has a Natural Resource Inventory. This document describes the Town's natural resources with maps and explanatory text to help identify areas of high value for wildlife habitat, water quality, recreation, and other resources. The ECC uses it to help prioritize preservation by taking proactive management steps to insure long-term viability of these resources. Check it out on EppingOutdoors.com/NRI. We are grateful to the Rockingham Planning Commission for their support in this endeavor.

With our first annual Photo Contest, we pursued our goal of enhancing Epping residents' connection to the outdoors. Sixteen photos were submitted and Epping residents voted for the winner. Pictures can be submitted in June-July and the winner will be announced in September. Specific dates are posted at EppingOutdoors.com/photo-contest/. You could start taking pictures right now!

Check out TrailFinder.info to see all the trails in Epping, including those on Southeast Land Trust properties. We are thankful Joel Harris has volunteered to be our first Trail Steward. Additionally, the Select Board approved our plan to construct five short trails for mountain biking (probably most appropriate for kids) at Folsom Park, about 22 acres. Parking is on Joshua Lane for easy access. We hope to schedule this work sometime in 2018. Thanks to ECC member Todd Hathaway for leading this effort.

We are also reaching out specifically to connect children with the outdoors. Liz Wilson, ECC member, is working with Alyson Bates, Epping Elementary School Fifth Grade Science teacher, to get kids outside and learn about the woods. Three science classes are competing to see which team can develop the best scavenger hunt at Fox Run Park. Check EppingOutdoors.com in late April or May to see the winning team.

Managing and monitoring conserved town lands is also part of the ECC mission. We welcome John Clark as our first volunteer monitor. He loves walking in the woods with his GPS and helping to ensure our conserved lands are in good shape for everyone to enjoy.

Your Conservation Commission is actively working not only to protect land, wildlife and the woods for future generations, but also to generate more ways to enjoy the outdoors today. Special thanks go to John Bennett for keeping you informed via our website. We are looking for more volunteers to help build/maintain trails and monitor conserved

properties. If you are interested, please leave a note in our box at Town Hall or email secretary@townofepping.com.

Submitted by Sandy Goodspeed

The Civil War Roundtable of NH



*NH graves at Soldiers' Cemetery in Gettysburg
(Photo by Bill Hallett)*

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: www.cwrt-nh.org or email cwrtnh@gmail.com.

This is the upcoming CWRT-NH schedule:

We are currently booking 2018 & 2019 meetings. If you know someone, or would like to offer a talk to our group, please email: cwrtnh@gmail.com.

Note: The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

March 16, 2018 ~ John Hayward (NH author) - "5th New Jersey at Gettysburg"

April 20, 2018 ~ Ronald J. Guilmette - "First to Serve" (book on Massachusetts State Police creation out of the Civil War)

May 18, 2018 ~ Alan Brunelle (CWRT of NH member) - "In Defense of Pickett's Charge"

June 15, 2018 ~ A. Wilson Green (retired head of Pamplin Park Museum) - "Petersburg"

July & August ~ no meetings - summer break

Lamprey Rivers Advisory Committee Spring Things to Do

The National Park Service is pleased to offer a new video that explains Partnership Wild and Scenic Rivers (including the Lamprey River) as part of the 50th anniversary of the Wild and Scenic Rivers Act. The video can be viewed at <https://www.nps.gov/orgs/1912/partnership-wild-and-scenic-rivers.htm>.

April 21- Earth Day Spring Clean-up and Nature Fun at Mary Blair Park – 10:00 am to noon.

Join us as we clean up the litter from winter and get the park ready for the Canoe Race, baseball season, and vacation week fun. We'll provide the gloves and garbage bags. Afterward, we'll have fun collecting aquatic invertebrates, learning about spring plants, playing some nature games and doing some citizen science.

April 27- Nature Inside (Out) at the Harvey-Mitchell Memorial Library – 11:00 am.

Wrap up school vacation week with nature games and puzzles. If the weather permits, we'll go outside to visit the Lamprey River.

Vernal Voles



Photo credit Maine.gov

Late winter/early spring is a terrific time to observe meadow voles (*Microtus pennsylvanicus*). These small rodents are common in wet grassy areas throughout middle and northern North America. Adults are about 7 inches long, with a tail of 1.25 to 2.5 inches. They have chestnut brown fur with gray bellies. Voles breed year-round, producing 4-6 pups per litter. Pups are weaned after twelve to fourteen days and reach their full

adult size at two to ten months. The typical lifespan is less than 16 months.

They are active year-round, but when the snow starts to retreat, the presence of these normally hidden voles becomes most noticeable. During the winter, they dig and eat their way through flattened grasses under the snow, creating squiggly paths. They form nests of woven grass where they sleep and raise their young. As the snow depth decreases, these paths and nests become more visible. For hikers who are extra astute, communal toilet areas can also be seen.

Voles can cause damage to some human crops, but they are very important in nature. They help to break down plant matter and release the nutrients back to the ecosystem. They help to speed the recovery of fields that have been burned. They are food sources for most raptors and many other birds, including crows, gulls, and some wading birds. Most mammalian predators and some snakes eat them.

As winter yields to spring, go outside and get away from the usual rat race; evidence of the vernal vole race awaits.



Exposed vole nest Photo by RC Grimsley

Tales from the Epping Brickyards



Epping Town Hall made from Epping bricks

Epping has a rich history of brickmaking, supplying bricks for many famous buildings, locally as well as in Boston. The source of clay for these bricks is a legacy of the last ice age, when ocean water covered Epping and rivers from retreating glaciers left vast deposits of fine (tiny) sediments. Just as the age of glaciers came to an end, so too did the age of brickmaking. The same is also true of several other industries that once defined this region: lumber processing at sawmills, boat building, leather tanning and the manufacture of textiles and paper.

The Lamprey Rivers Advisory Committee has documented some of the stories related to several once-common local industries, but to date we have not gathered a significant collection of brickmaking history. We would like to address that by inviting you to share stories, photos, and items that are related to Epping's brickyards. Did your relatives work at a brickyard? How old were they when they started? What were their stories of friendship, hardship, routines, injuries, successes, etc.?

Short stories and photos of brickmaking can be submitted to s-meeke@comcast.net or mailed to LRAC, c/o 88 Hedding Road, Epping, NH 03042. Please include at least a first name and last initial to identify the source.

Thank you.



*Helping communities protect the
Lamprey River.*

Submitted by Suzanne Petersen



Epping Garden Club



The Epping Garden Club will be selling Pansy Bowls once again, and in time for Easter! We will be selling them at 2 for \$25 or \$15 each. Bowls

should be ordered by **March 23rd**. Bowls can be ordered by mail from the Garden Club at 9 Folsom Mill Lane, Epping, NH 03042, by calling 300-0064 or you can leave your money and orders with Joyce at the Town Hall. (Thank you, Joyce!) Pickup will be on **March 31st** in the parking lot behind the Library from 9 to 11 am.

As soon as it is warm enough, we will be working on our corners, removing all plant material left from the fall. We will replace it with more native plants, as well as hardy plants that require much less water. We hope to add some more color to our Safety Complex, if they are done with all their expansion.

We will order mulch and will need help spreading it - if you have students that need to volunteer or if you can help. Then we will need help watering the planted areas when we don't get enough rain to keep them healthy. They sit in neighborhoods where everyone has a water source so if you can help, please do. You can also get together with your neighbors and make a spot near you look better - trim, pick up trash and plant a pretty perennial or three.

Make sure to catch the talks our library is holding once a month on healthy soil, plants and design!

Please follow the Garden Club Facebook Page for upcoming sales and events. I have had requests to join the Garden Club and if you are interested in joining us, spring is the perfect time to jump in. Our next meetings will be on March 11th and April 8th from 10-11 am. Men are welcome.

Please call me at 300-0064 or email us at eppinggardenclub@gmail.com.

Submitted by Eunice Miller



Ledly Center

Although Dickens' "A Christmas Carol" was the Leddy Center's final main stage production, they will continue to offer musical theater classes and private lessons through May 2018! There will be a final semester of musical theater classes and private lessons in Guitar, Voice and Piano.

The Musical Theater Spring Recital will be held at Leddy Center on Saturday, May 5, 2018, at 10 am!!

Note: the Leddy Office is open Tuesdays and Thursdays only from 3-5 pm! Phone: 679-2781.

Private Lessons Available!!!

GUITAR with Travis Shelby!

PIANO with Shelby Bennett!

VOICE with Josh Rotz!!



ETV Schedule

Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday Mar.12, 26;

April 9, 23 - 7 pm

Water & Sewer – Tuesday, Mar. 6; April 3 - 7 pm

Library –Tuesday, Mar. 20; April 17. - 7 pm

Conservation Commission – Tuesday, Mar. 13;

April 10 - 7 pm

Parks & Recreation – Wednesday, Mar. 7; April 4

- 7 pm

Budget Committee – Wednesday, April 18 - 7 pm

School Committee–Thursday, Mar.1, 15; April 5, 19

- 7 pm

Planning Board –Thursday, Mar. 8; April 12

- 6 pm

Civil War Round Table – Friday, Mar. 16; April 20

- 7:15 pm

Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.

Please consult the ETV Bulletin Board or the Town

website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to <http://etv22@pegcentral.com>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live_etv22.html.

The new ETV email is eppingtv22@gmail.com

There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.



Scouting Around Epping

Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at cubmaster@pack136epping.org.

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

Boy Scout Troop 136

Epping Troop 136 started off the year with several Boy Scout advancements for 2018. We had one boy earn First Class, two boys earned Second Class, one boy earned Star and another earned Life. One of the Scouts is on his way to earning Eagle Scout. He was featured in a January Carriage Town news for his Eagle project at Fox Run Park in Epping. This Scout led a project that replaced the current park sign, cleaned around the fishing pond and made the park more environmentally friendly.

The boys went on a campout in January 12th through 14th called the Fun Weekend where they

rented two cabins at Camp Carpenter in Manchester, NH. This weekend was all about fun and the leaders were the cooks for the weekend. They started their weekend on the 12th with a little rain, but the rain cleared by Saturday morning and they were able to enjoy the warm temps. The high points of the weekend were "Find the Golden Bat" and "Capture the Flag."

The Scouts will be busier as the warm weather comes. Here are some highlights of events coming up: **March 21st** they will be having their Crossover where the Cub Scouts of Epping that are aging out are welcomed into Boy Scouts. Apex weekend on **March 23rd** is an advanced program experience which will enhance and stretch their Scouting adventure throughout the coming year, Court of Honor is scheduled for **April 2nd** and a planned Training Hike on **April 7th** - location to be decided.



Epping Fire Department

Daylight Savings Time

Daylight savings time will start on **March 11th**. Turn your clocks ahead. Please be sure to change your smoke detector and carbon monoxide detector batteries. If you need help, call the Fire Department and we will give you assistance. Smoke Detectors Save Lives! And Carbon Monoxide Detectors do, too!

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station seven days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the Fire Department at 679-5446.

For Daily Fire Danger and an explanation of the different danger levels, follow the link <http://www.nhdf.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>.

Epping Explorer Posts

Fire Department Explorer Post 716

Fire and Rescue Explorer Post 136 has been planning the year's activities. These include a trip to the Pease Fire Department and possible visits to the Manchester NH and New York City Fire Departments. Some of the community service events will be the annual Red Cross blood drive and a food drive. We have an exciting year planned and look forward to building our membership. Youth 14 to 20 years of age may be a part of our Explorer Post. Call the fire station at 679-5446 or Captain Cray at 396-9436 for more information.

Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.



*Image of the Eagle Scout Project at Fox Run Park.
Submitted by Jennifer Sullivan*

American Legion News

St. Patrick's Day Dinner with "The Line Up" Band

The American Legion Post 51 is hosting a St. Patrick's Day Dinner and Dance featuring the band called "The Line Up" on **Saturday, March 17th**. The New England Boiled Dinner includes your choice of Corned Beef or Ham and all the fixings. **Tickets are on sale now.** ONLY 100 tickets will be sold for this St. Patrick's Day Dinner that will be served between 6:00 and 7:00 pm. The tickets MUST BE purchased in advance for \$13 per person. Please see the bartender in the Canteen at the Epping Legion. Tickets will be sold until they run out. This ticket does include entrance to the dance that will begin at 8 pm. "The Line Up" band will be playing classic rock'n roll music. We expect our dance floor to be jam-packed!!! If you miss out on the dinner tickets or you just want to attend the dance which starts at 8 pm, the cost is \$7 per person at the door. A cash bar will be open. The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). All are welcome! For more information please call Darlene at 793-6090 or Janet at 944-3288.

Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday March 11th** and **Sunday, April 8th** – eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free - worth every penny!

Epping Community Church

Our church service is at 9:00 am every Sunday morning. Our worship service is downstairs in the Brodhead Annex during the winter months. Come in the side entrance and we will greet you before the service. We are ADA accessible. Following the service we have a coffee hour in Fellowship Hall. Sunday School is at 11:00 am for all ages including an adult class. We are located on the corner of Main and Pleasant Streets and our phone number

is 679-5542.

During Lent and Easter we will have a chance for people to come to the church to pray, sing and worship together. Weekly Wednesday "Vesper" Prayer services will be March 7th, 14th, 21st and 28th. There will be a Maundy Thursday Evening Worship service on March 29th at 6 pm. On March 30th at 6 pm there will be a Good Friday Prayer service. Easter is on April 1st and we will have a beautiful service at 9:00 am upstairs in the sanctuary. Come to one...or come to all services...you are invited and welcome!!

Our 3rd Saturday dinners continue to be very popular. We serve from 5:00-6:30 pm and you can get a dinner to go if you'd like! **March 17th** we will be offering corned beef and cabbage with turnip, carrots and potatoes. We'll also have Irish soda bread, brownies and ice cream. The dinners are always \$8.00 for adults and \$4.00 for children.

The Ladies Aide group at the church will be baking various kinds of pies to sell at the election. They will all be \$10.00 each. You can bring them home to enjoy or put in your freezer to enjoy later. Look for their table before they run out.

The food pantry continues to be very busy. We are so fortunate to have wonderful volunteers that help us to serve clients each week. Other volunteers stock shelves on Thursdays so that we are prepared for Saturday morning. The pantry is open from 8:00-10:00 am. If you have questions, you can call the church at 679-5542 and we'll return your call. If you'd like to volunteer...call the church...we'd love to have you...for one day or many!

We also offer coats, hats, mittens, gloves and other cold weather gear to our clients. Thank you to all that have donated to this as well. We will box up the coats in April and put them away until next winter. We will still offer some lighter coats and sweaters in the spring.

Our Soup of the Day Café is every Thursday from 11:00-12:30. We always offer two delicious soups as well as salad, crackers, dessert and beverage. The café is a free lunch open to everyone in the community. Please come and join us!! Because of our crazy New England weather, if the Epping Schools are delayed or canceled...the Soup Café will be closed. We welcome you all to have some soup and visit with friends...or make new friends.

St. Joseph Catholic Church

208 Pleasant St. (Rte 27)
Epping, NH 03042
Office telephone: 679-8805

Mass schedule weekdays:

Mon. 8:00 am **Tues, Thurs, Fri.** 7:30 am

Wed. 7:00 pm

Mass schedule weekends:

Saturday 4:00 pm

Sunday 8:00 am, 10:30 am and 6:00 pm

March

Mondays – Adoration – Noon to 9:00 pm

Fridays – 8 am-7 pm

Fridays – Stations of the Cross – 7 pm

March 2nd – First Friday Adoration – 8:00 am-
midnight

March 3rd – First Saturday Adoration –
midnight to 7:45 am

March 1st – Prayer video and discussion – 6:30 pm

March 2nd, 9th, 16th – Lenten Fish Dinner – 5:30 pm

March 9th – Squire Dinner

March 17th – Mission Dinner

March 23rd – Soup supper and outside Stations of
the Cross

March 25th – Palm Sunday, regular mass schedule

March 26th – Diocesan Day of Recognition 11 am,
1 pm, and 5 -7 pm

March 29th – Holy Thursday – mass – 7 pm

March 30th – Good Friday, Confession– Noon-2:45,
Stations of the Cross – 3 pm, Veneration of the
Cross – 7 pm

March 31st – Holy Saturday, Easter Vigil – 7:30 pm

April

Mondays – Adoration – Noon to 9:00 pm

Fridays – 8 am-7 pm

April 6th – First Friday Adoration – 8:00 am-
midnight

April 7th – First Saturday Adoration –
Midnight to 7:45 am

April 1st– Easter Sunday Mass schedule: 7:30 am,
9:30 am, 11:30 am

April 12th – Prayer video and discussion- 6:30 pm

April 14th – Squire Dinner – 5 pm

April 17th – Mission Dinner – 5 pm

If you have any questions, please call the
Rector's Office 679-8805 or check our website at
<http://stjosepheppingnh.com> for further information.

Epping Bible Church

Epping Bible Church invites you to join them
throughout the week at 243 Pleasant Street in
Epping.

Our Sunday mornings begin with a full, free
breakfast from 8:00 to 9:15 am, followed by Bible
Emphasis Groups (Sunday School) for all ages at
9:15 am. The Gathering, a time for announcements
and to share, is at 10:05 am followed by morning
service at 10:45 am. Sunday evening service
begins at 5:00 pm. Families are welcome.

Their Bible Emphasis Groups feature classes
for all ages, from 2 year olds all the way to adults.
A free nursery for children – infants through four
years – is provided during the morning and evening
services. Children ages four through third grade
are invited to Junior Church during the morning
service after praise and worship time. The Awana
program for children age 3 through sixth grade has
begun. The weekly Friday night meetings help
children learn about God's Word. For details,
please contact Dora Brown at 702-2650 or at
awana@eppingbible.org.

Epping Bible Church is located at 243 Pleasant
Street. If you have any questions, please contact
Pastor Ron Townsend at 247-0405 or at
PastorRon@EppingBible.org. Visit their website at
www.eppingbible.org.

Providence Baptist Church

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918

Weekly Schedule

Sunday Morning Service at 10:30 am

Wednesday Food Pantry begins at 10:00 am
(for first time visitors, please have your photo ID
and proof of residency with you)

Wednesday Time of Devotion and Prayer begins
at 6:30 pm

(Check schedule for dinner nights!)

For small groups and other events, please
check out our website at www.pbcnh.org or contact
us at pbsecretary410@gmail.com.

West Epping Quaker Meeting House

The West Epping Meeting grew out of the
Seabrook Quarterly Meeting in the middle of the
18th century. Records show that Joshua Folsom
was a recorded minister among Friends in the
community in 1772 – though he may have

commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us.



Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

harvmitch@gmail.com

www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

Hours: Monday, Friday – 10 - 5

Tuesday, Wednesday, Thursday – 10 - 8

Saturday – 10 - 2

Sunday – 12 noon – 4

Upcoming Events at the Library

Story time continues on Tuesday and Friday mornings at 11:15 am, with a new story and craft each week!

March 2: Dr. Seuss's Birthday Celebration – 11 am

Join us for games, crafts, treats and face painting to celebrate a favorite children's author!

March 6, 13, 20, 27: Children's Yoga – 4 pm

Join local Yoga instructor Leah Pacione for some fun, flexible, exercise. No sign up, but space can be limited.

March 7: Knitting and Handiwork Group – 6:30 pm

Drop in and work on your latest craft project with a group! Any craft welcome, including Knitting, Needlework, Crochet, etc.

March 15: Great Gardens: Pruning Basics – 4 pm

Our Great Gardens lecture series, presented by Patty Laughlin of Lorax Landscaping, continues with Pruning Basics. Do you have trees and shrubs in your yard that need pruning? Would you like to

know more about how to prune them for health and productivity? During this talk, Patty will explain why and when to prune. She'll discuss essential pruning tools and their maintenance and describe where and how to make effective cuts to accomplish your pruning goals. She'll also offer tips and tricks for pruning and renovating common landscape plants.

March 17: Irish Harp Concert – 2 pm

Celebrate St. Patrick's Day by taking a musical trip to Ireland with harpist Regina Delaney. She will be performing the traditional music of Ireland on her harp and also with dance and poetry. There will be lovely ballads, plaintive songs and toe tapping jigs and reels. Delaney studied Irish harp in the United States and in Ireland and is the founder and director of the New England Irish Harp Orchestra.

March 20: Dusty Olde Myster Book Club – 7 pm

This Month's book is: "The Innocence of Father Brown" by G.H. Chesterton.

March 22: Game Afternoon – 1 pm

Join our local game group! Drop in to play some games with your friends or make some new ones. Games include Scrabble, Cribbage, Dominoes and Mahjong.

March 27: Contemporary Book Group – 7 pm

This Month's Book is to be determined.

April 3, 10, 17: Children's Yoga – 4 pm

Join local Yoga instructor Leah Pacione for some fun, flexible, exercise. No sign up, but space can be limited.

April 11: Knitting and Handiwork Group – 6:30 pm

Drop in and work on your latest craft project with a group! Any craft welcome, including Knitting, Needlework, Crochet, etc.

April 19: Great Gardens Lecture – 4 pm

Our Great Gardens lecture series, presented by Patty Laughlin of Lorax Landscaping, continues. Topic to be determined.

April 21: Lucie Therrien Concert – 3 pm

Join nationally and internationally acclaimed musician Lucie Therrien as she performs songs from a variety of cultures in English, French, and Spanish accompanied by guitar.

April Break

April 24: Chickens with Wendy Hey – 11 am

Come learn all about chicks, chickens and everything in between with local Chicken owner and expert Wendy Hey. Wendy will share with us how to raise, care for, and show chickens. All ages welcome.

April 27: Lamprey River Program –11 am

Join us to learn all about our local Lamprey River with the help of the Lamprey Rivers Advisory Committee. More details coming, Stay tuned to www.eppinglibrary.com. All ages welcome.

Epping Parks & Recreation

Department News

Home of the "River Otters"

Director: Nicole Bizzaro

Cell Phone: 608-9487

Recreation Dept. Main Phone Number: 679-3006

or email at eppingrecreation@gmail.com.

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at eppingrecreation@gmail.com or cell at 608-9487.

Now that Watson Academy is open again, we are getting back to business. The Epping Parks & Recreation Department has been busy at work, meeting with potential new instructors and staff to develop future programs and offerings at Watson for the town residents. For more information and to register, please contact the Recreation Department via e-mail at eppingrecreation@gmail.com or visit our website at www.EppingRecreation.org.

Please check out our website and our Facebook page for announcements and program updates.

Preschool Programs

Preschool Books & Cooks Class

This hour-long class will take place at Watson Academy. We will first have story time where we will read a children's classic short story then create a small snack that relates to the theme of the book. Starts **Friday March 9th**.

Preschool Art Class

Does your little one love to get messy? Come join us at the Epping Rec Department for a Preschool aged hour-long art class. We will do a variety of projects over the course of the 4 weeks.

It's a good way for your toddler to play and experiment. Starts **Tuesday March 20th**.

Preschool Sports

Spring 2018 Registration Coming Soon!

Our Pre- School Sports Program is a fun way to help your little ones start to develop listening skills, teamwork, and the basic rules of soccer and t-ball. We split them into two groups and rotate through soccer skills and drills and then t-ball practice. The kids will practice ball control, shooting and the basic rules of soccer. In our t-ball program they will learn how to bat, run the bases, throw and catch. At the end of our practice we do a fun parachute or large group game to promote teamwork.

Sports Programs

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association (EYAA) website at www.eyaa.org for sports programs offered in Epping.

Youth Programs

Father and Daughter Dance on April 14th

The Epping Recreation Department presents the Second Annual Father Daughter Dance – A Masquerade Ball on **Saturday, April 14th** from 6-8 pm in the EES Gym! Tickets are \$15 per couple or \$20 per family (1 Adult and multiple daughters).

Registration forms can be found on the Rec website, at the Town Hall or at Watson Academy. Please email eppingrecreation@gmail.com for any questions.

Before & After School Program

The Fall 2017 Before & After School Program Registration was available starting June 1, 2017.

To register, please download Registration Form and Participation Forms from left side of the Parks and Recreation website and mail. Space is limited and If we need to start a wait list, parents will be notified! Please email our Recreation Director, Nicole for further information. at eppingrecreation@gmail.com.

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs

emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-7. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program gathers at the EES Library, then heads outside to the EES playgrounds during good weather days or walks down to Watson Academy for snack and homework time from 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until **5:45 pm**. Children are grouped by grades: K-1, 2-3 and 4-7. This may vary slightly depending on space and child needs in each of the groups.

Grades K-7

6:45–8:35 am—Before School Program at Epping Elementary School Gym

3:15 – 5:45 pm – After School Program meets in EES Library, goes to Playground and Watson Academy, with use of the EES Gym on scheduled days.

Call Nicole for more information at 608-9487.

Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)

Karate Classes

Mondays and Thursdays (EMS Gym) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or email her at eppingata@gmail.com.

ALL beginners receive a FREE Uniform.

Youth Ceramics Class

Day: Thursdays at Watson Academy

Time: 4:30-5:30 pm

Cost: \$20 per 3-week session

18th – 9th Grade CIT program

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

Horsemanship Program

Does your child love and want to learn more about horses? This 4-week program is a great opportunity for them! Each week will include mounted horse time and learning hands on barn skills. No previous experience needed. Grades 2+ Welcome!

Please email eppingrecreation@gmail.com for more information..

Summer Camp

We will be running two Summer Camp Programs again this year! A 6 week program.

River Otters Summer Camp for kids going into Grades 1-4

Bobcats Summer Camp for kids going into Grades

5-8

See camp brochure and parent handbook for more info! Forms are required for registration for EACH child: Camp registration comes out on Town Voting Day (**March 13th**).

Please mail registration to us at 157 Main Street! The first payment is due with registration to reserve your space. Registration is on First Come basis!

Please check our Facebook page for availability updates

Adult Programs

Please check our Facebook page for updates, including cancellations on all programs.

Adult Basketball

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: EMS Gym (Use EHS entrance)

Cost: \$3 per night – Please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

Adult Ceramics Class

Day: Thursdays

Time: 9-11 am

Cost: \$2 for ceramic piece

Location: Watson Academy (Upstairs Blue classroom)

To Register, contact the Epping Recreation Dept at epppingrecreation@gmail.com or stop by the program to speak with Barbara Young.

The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

- Running a youth center for teenagers

- Running a children's after-school program

- Giving financially to families who are in need

- Providing free family counseling

- Organizing various programs for teenagers to service others

Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible

Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at www.eppinglighthouse.org or you can e-mail us at epppinglighthouse@hotmail.com to request a form.

Families First

support for families...health care for all

Epping Family Morning Out: *Fridays - 9:30-11 am.* For children ages birth to six with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

Exeter Family Morning Out *Thursdays - 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Pre-registration not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for childcare;** please go to FamiliesFirstSeacoast.org

and click on the Register for Family Programs button, or call 422-8208 x2.



School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: <http://etv.22.pegcentral.com>.

March 1st and 15th

April 5th and 19^h

Epping Elementary School (EES)

EES School Calendar

MARCH

Feb. 26-Mar. 2 – NO SCHOOL – WINTER

VACATION

Mar. 5 – Classes resume

Mar. 5 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

Mar. 7 – Grade 4 Field Trip to State House and Historical Society

Mar. 13– NO SCHOOL-Professional Development Day

Mar. 14 – Family STEAM Night for Grades 3-5 – 6:20 pm

Mar. 17 – EES Barnes & Noble Book Fair at Fox Run Mall – 10:00 am-2:00 pm

Mar. 24 – PTO Pancake Breakfast & Easter Bunny pictures – 8:30-10:30 am
Free Easter Egg Hunt on EES field – 10:30-11:30 am

Mar. 27 – Music in Our Schools Concert 4th & 5th Grade Band & Chorus – 6:30 pm

APRIL

April 2– PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

April 5, 6– EES presents “Pirates the Musical” –in EMS Gym – 6:30 pm

April 23-27 – NO SCHOOL – SPRING VACATION

Honor Society Book Fair at Barnes & Noble

The National Elementary Honor Society (NEHS) is sponsoring a Book Fair at Barnes & Noble (45 Gosling road, Newington, Crossings at the Fox Run Mall) on **Saturday, March 17th** to help support the Artist in Residence program at EES. The choir will be performing and there will be face painting and crafts as well.

If you are unable to attend this event, but would like to purchase some books, please go to bn.com/bookfairs during our online dates, March 17th to March 24th by entering the Book Fair ID 12334025 at checkout.

Epping Middle School (EMS)

Second Quarter Honor Roll

8th Grade:

Highest Honors:

Sarah Brassil, Melissa Daigle, Jade Gagnon, Michael Picard, Haley Williamson

Honor Roll:

Ella Fenstermacher, Owen Finkelstein, Jessica Galante, Alexander Greubel, Zachary Hodgman, Jacob Loving, Ciretta MacKenzie, Stamatis Maschas, Patrick McTague, David Meyer, Zachary Orthman, Mikhail Ozols, Aryana Patnaude, Abigail Purchas, Rachel Robinson, Julia Ruel-Grand, Rachel Swanson, Molly Tessier, Morgan Witmer

7th Grade:

Highest Honors:

Mackenzie Milbury, Luke Snyder

Honor Roll:

Riley Ahlschlager, Brooke Bacon, Sophia Bade, Kaelin Beattie, Maddison Beltran, Cooper Bernier, Ta'lisa Burnett, Kaitlyn Chapman, Austin Clark, Jared DeCourcy, Brendon Follansbee, Allison Galante, Christian Ginsberg, Olivia Gosselin, Samuel Gosselin, Leah Hackett, Kaylin Hennessy, Payton Hull, Daniel Johnson, Emma LaChapelle, James Le, Brady Lewis, Cassidy Lustenberger, Nathan McTague, Sophia Morang, Pacy Morgado, Dillin Munroe, Brooke Needham, Lindsey Parents, Miriam Peck, Maiya Poloian, Brady Powicki, Annalee Roy, Carly Sanborn, Lilly Sheerin, Olivia Sousa, Christopher Sullivan, Sarrah Wilkins, Aaron Wyatt

6th Grade:

Highest Honors:

Dylan DuLong, Isabella Greubel, Chanah Katz, Shawna Lin, Autumn Loving, Sarah McTague, Casey Morin, Charlize Stevens

Honor Roll:

Nichola Albro, Ayla Bennett, Aiden Blakney, Jessica Brassil, Burton Campbell, Daniel Ciriello, Samantha Cronshaw, Scarlett Demars, Amelia Harper, Wyatt Idell, Lillian Long, Myleigh Martin, Maelie McAniff, Malaney McAniff, Autumn Patterson, Aidan Rossel, Annabelle Shumway, Skyler Simard, Logan Snyder, Jasmine Terrio, Jacob Twombly, Ryan Worcester, Delaney Yates, Ryan Zheng

Writing Contest Winners

EMS is proud of our Foster's Daily Democrat 37th Annual Writing Contest winners! Out of 19 winners in the Grades 7 & 8 Writing category, five were from our Epping Middle School. Congratulations to Wyatt Noel, Zachary Hodgman, Jade Gagnon, Haley Williamson, and Mikey Picard. And Wyatt Noel was one of eight perfect scores in writing.



Artist in Residence Program

This year we are excited to host Robert Rossel as our featured artist in residence at the Middle

School. Mr. Rossel has been working with clay for more than 25 years. He majored in Ceramics at Luther College in Decorah, Iowa. After graduation, he moved to Southern Japan where he completed a Master Apprenticeship in Classical Ceramics with Nomura Junji. Once he returned to the US, Robert completed an assistantship with nationally renowned ceramic artist, John Glick. Robert moved to NH in 1995 and became a juried member of the League of New Hampshire Craftsmen. He has created large-scale tile murals with schools throughout New England and has worked with thousands of school children. Robert is the owner of Symmetry Tile Works located in Epping, NH. His tiles are handmade and covered in crushed, recycled glass. Rob's tiles are used in backsplashes, showers, pools and anywhere else people want to add a bit of beauty.

Over the next two weeks, Mr. Rossel will be working with all EMS students to create mosaics and tiles that will be placed on functional decorative cubes, which will be displayed in the EMS lobby. The mosaics and tiles will consist of recycled clay tiles and glass; students will be designing stamps, produced by our in-house 3-D printer, to stamp the tops of cubes. This project integrates multiple disciplines that will come together in a beautiful addition to our school all the kids can be proud of!



Epping High School (EHS) Second Quarter Honor Roll

Epping High School announces its Honor Roll for the Second Quarter of the 2017/2018 school year. Congratulations to the following students:

Grade 9:

Principal's List::

Alexa Bade, Joshua Coolidge, Alexa Guarante, Katrina Jennings, Erika MacLeod, Peter McTague, Jack Meyer, Simeon Mills, Taya Morgado, Jenna Needham, Luke Rossel, Emma Roussel, Abigail Roy, Amara Stevens, Haleigh Sullivan, Cassidy Wall, Abigail Walsh, Megan Webber

Honors:

Nicholas Greubel, Tayler Holt, Scott Johnson,
Madison Lambert, Mackenzie McAniff, Dillon
McKenzie, Benjamin Milbury,

Honorable Mention:

Quinton Burleigh, Vanessa Clark, Kendall Crenshaw, Trevor Hovey, Ashlan Idell, Arianna Murphy, David Parents, Ciara Patey, Sean Thornton Jr., Isabella Walley

Grade 10:

Principal's List:

Mikayla Berger, Calle Bisaillon, Avalon Brown,
Laura Duguie, Reese Idell, Keyghan Lewis, Trey
Loving, Oakley Lustenberger, Olivia Parents,
Hayley Pelletier, Jacob Van Amburgh, Victor
Waddell, Faith Williamson, Joey Zheng

Honors:

Luke Barker, Noah Bilodeau, Joseph Furey,
Samantha Johnson, Ava Montalbano, Kayla
Orthman, Isabella Snyder, Sharon Swanson

Honorable Mention:

Hannah Armstrong, Lyndsey Chevalier, Molly
Gallagher, Jacob Hansen, Karissa Martin

Grade 11

Principal's List:

Mikayla Ball, Benjamin Fowler, Marc Giudice,
Gracia Jordan, Adam LePage, Ashley Martin, Maya
Martin, Allison Nee, Jennifer Nikolova, Lily
O'Connell, Julianna Re

Honors:

Meghan Galante, Emilie LeBlanc, Destiny McKay, Casey Needham, Kaitlyn Nichols, Lauren Robbins

Honorable Mention:

Adria Bennett, Hannah Jacoby, Rachel Martin,
Alexis McDuffee, Haley Munguia, Michaela Sable,
Morgan Shanley

Grade 12

Principal's List:

Keelin Berger, Everett Brown, Jr., Veronica Hackett, Konrad Hodgman, Rebecca Milbury, Katie Pelletier

Honors:

Evelyn Carleton, Emma Coolidge, Kiley LaFond,
Caleb West

Honorable Mention:

Victoria Comerford, Aletha DeMarais,
Stephanie DiFrancesco, Kirsten Munafo, Jurell
Roxas, Ryan Sylvain

Email Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: bhelmstetter@comcast.net.

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (**May-June, 2018**) of this newsletter will be available **May 1, 2018**. We will accept **submissions through April 25, 2018**, to be included in the next issue. Please send your content with contact information for consideration to bhelmstetter@comcast.net.

If you would like your next event to appear on the Calendar of Events, please send us an email at bhelmstetter@comcast.net by **April 25, 2018**. Please include the date, event name, location and time.

Thanks for reading!

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Epping Calendar of Events for March 2018

March 1	Epping School Board meeting in Epping Town Hall – 7 pm
Feb. 26 - Mar. 2	NO SCHOOL – WINTER VACATION
March 2	Town Report available at Town Hall and on Town website
March 2	Dr. Seuss Birthday Celebration at the Library – 11 am
March 3	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 5	Classes resume
March 5	EES PTO meeting – 7 pm
March 6,13,20,27	Children's Yoga at the Library – 4 pm
March 7	Providence Baptist Church Food Pantry – 10 am
March 7	EES 4 th Grade Field Trip to State House and Historical Society
March 7	Knitting and Handiwork Group at Library – 6:30 pm
March 8	Epping Watson Academy Seniors – with Attorney Kathryn Williams – 1 pm
March 9	Preschool Books & Cooks class starts at the Rec Center
March 9	EMS Activity Night – 6:30 pm
March 10	EYAA 5K Fundraiser – 9 am-noon
March 10	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 11	DAYLIGHT SAVINGS – “SPRING FORWARD” Turn clocks ahead!
March 11	American Legion Post 51 Sunday Breakfast Buffet – 8-11 am
March 11	Epping Garden Club Meeting – 10-11 am
March 13	TOWN ELECTION DAY – VOTE!!!! In EMS Gym – 8 am to 7 pm
March 13	NO SCHOOL – Teachers Professional Development Day
March 14	EES Family STEAM Night for Grades 3-5 – 6:20 pm
March 14	Providence Baptist Church Food Pantry – 10 am
March 15	Epping School Board meeting in Epping Town Hall – 7 pm
March 15	Great Gardens Lecture at the Library “Pruning Basics” – 4 pm
March 16	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
March 17	EES Barnes & Noble Book Fair – 10 am to 2 pm
March 17	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 17	Epping Community Church Dinner “Corned Beef and Cabbage ” – 5:00-6:30 pm
March 17	American Legion St. Patrick Day Dinner and Dance – Dinner - 6-7 pm, Dance – 8 pm
March 17	Irish Harp Concert – Regina Delaney – 2 pm
March 20	Preschool Art Class starts at the Rec Center
March 20	Dusty Olde Mystery Book Group at the Library – 7 pm
March 20	Library Board of Trustees Meeting – 7 pm
March 21	Providence Baptist Church Food Pantry – 10 am
March 21	Cub Scout – Boy Scout Crossover
March 22	Game Afternoon at the Library – 1 pm
March 23	Last day to order Epping Garden Club Pansy Bowls
March 23	Boy Scouts Apex Weekend
March 24	EES PTO Pancake Breakfast and Easter Bunny Pictures – 8:30-9:30 am
March 24	Rec Department Easter Egg Hunt on EES Field –10:30-11:30 am
March 24	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 27	Epping Lions Club meeting at the Library – 6:30 pm

March 27	EES Music in Our Schools Concert – 4 th & 5 th Grade Band and Chorus – 6:30 pm
March 27	Contemporary Book Group at the Library – 7 pm
March 28	Providence Baptist Church Food Pantry – 10 am
March 31	Pick up Epping Garden Club Pansy Bowls in Library parking lot – 9-11 am
March 31	Epping Community Church Food Pantry and Coats of Caring – 8-10 am

Epping Calendar of Events for April 2018

Date	Event
April 1	Transfer Station closed for Easter
April 2	EES PTO meeting – 7 pm
April 2	Boy Scout Court of Honor
April 3, 10, 17	Children’s Yoga at the Library – 4 pm
April 4	Providence Baptist Church Food Pantry – 10 am
April 5	Epping School Board meeting in Epping Town Hall – 7 pm
April 5, 6	EES “Pirates The Musical” in EMS Gym – 6:30 pm
April 7	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 7	Boy Scout Training Hike
April 8	American Legion Post 51 Sunday breakfast – 8-11 am
April 8	Epping Garden Club meeting – 10-11 am
April 11	Knitting & Handiwork Group at the Library – 6:30 pm
April 11	Providence Baptist Church Food Pantry – 10 am
April 12	Epping Watson Academy Seniors – Auction – 1 pm
April 14	Epping Community Church Food Pantry and Coats of Caring– 8-10 am
April 14	Father Daughter Dance - Masquerade Ball in EES Gym – 6-8 pm
April 17	Dusty Olde Mystery Book Group at the Library – 7 pm
April 17	Library Board of Trustees Meeting – 7 pm
April 18	Great Gardens Lecture at the Library – Topic TBA – 4 pm
April 18	Providence Baptist Church Food Pantry – 10 am
April 19	Epping School Board meeting in Epping Town Hall – 7 pm
April 20	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
April 21	Lucie Therrien Concert at the Library – 3 pm
April 21	Epping Community Church Food Pantry and Coats of Caring– 8-10 am
April 21	Epping Community Church Dinner – 5:00-6:30 pm
April 21	Earth Day Spring Clean up and Nature fun at Mary Blair Park – 10 - noon
April 23-27	NO SCHOOL – SPRING VACATION
April 24	Epping Lions Club meeting at the Library – 6:30 pm
April 24	Chickens with Wendy Hay at the Library – 11 am
April 25	Providence Baptist Church Food Pantry – 10 am
April 25	DEADLINE DATE for the May-June issue of the Newsletter
April 25	Contemporary Book Group at the Library – 7 pm
April 27	Lamprey River Program at the Library – 11 am
April 28	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 28	Lamprey River Canoe Race

If you would like your next event to appear on the Calendar of Events, please send an email to bhelmstetter@comcast.net by **April 25, 2018**. Please include the date, event name, location and time.